



2017 MAY – AUGUST FITNESS CLASSES SCHEDULE Please register early to avoid cancellation.

<p>Z-BOX DROP-IN! \$10.00!</p> <p>Monday 6:30-7:30 PM Jon Grant/Fire Station #3 29260 Grand River, 48336</p> <p>Session I #315714-01 MAY 1 - JUNE 12 No Class: 5/29 \$40R/\$45NR 6-classes</p> <p>Session II #315714-02 June 26 - August 7 No Class: 7/3 \$40R/\$45NR 6-classes Bring Hand Weights & Mat</p>	<p>ALL LEVEL BOOT CAMP DROP-IN! \$10.00!</p> <p>Tuesday 6:30-7:30 PM Costick Center/ Gym 28600 Eleven Mile, 48336</p> <p>Session I #315716-01 MAY 2 - JUNE 13 No Omit Dates \$47R/\$52NR 7-classes</p> <p>Session II #315716-02 June 27 - August 15 No Class: 7/4, 8/1 \$40R/\$45NR 6-classes Bring Hand Weights & Mat</p>	<p>ZUMBA DROP-IN! \$10.00!</p> <p>Wednesday 6:30-7:30 PM Jon Grant/Fire Station #3 29260 Grand River, 48336</p> <p>Session I #315715-01 MAY 3 - JUNE 14 No Omit Dates \$47R/\$52NR 7-classes</p> <p>Session II #315715-02 June 28 - August 9 No Class 7/5 \$40R/\$45NR 6-classes Bring Hand Weights</p>	<p>NEW! ZEN MAT FUSION DROP-IN! \$10.00!</p> <p>Thursday 5:30-6:15 PM Jon Grant/Fire Station #3 29260 Grand River, 48336</p> <p>Session I #315733-01 MAY 2 - JUNE 15 No Omit Dates \$47R/\$52NR 7-classes</p> <p>Session II #315733-02 June 29 - August 10 No Class 7/6 \$40R/\$45NR 6-classes Bring Yoga Mat</p>
---	---	--	--

<p>CARDIO BOXING DROP-IN! \$10.00!</p> <p>Thursday 6:30-7:30 PM Costick Center/ Gym 28600 Eleven Mile, 48336</p> <p>Session I #315703-01 MAY 4 - JUNE 15 No Omit Dates \$47R/\$52NR 7-classes</p> <p>Session II #315703-02 June 29 - August 17 No Class: 8/3 \$47R/\$52NR 7-classes Bring Hand Weights & Mat</p>	<p>ZUMBA DROP-IN! \$10.00!</p> <p>Saturday 9:30-10:30 AM Jon Grant/Fire Station #3 29260 Grand River, 48336</p> <p>Session I #315730-01 MAY 6 - JUNE 17 No Class: 5/27 \$40R/\$45NR 6-classes</p> <p>Session II #315730-02 July 8 - August 12 No Omit Dates \$40R/\$45NR 6-classes Bring Hand Weights</p>	<p>Drop-Ins - Please check the website before heading out, to make sure your class is still available. Drop-ins are now available at both locations - the Costick Center and the Grant Community Center, once the minimum has been met.</p> <p>Please visit www.FitnessMotivators.com for the details of each class and what you should bring to class. We also can be found in the <i>Farmington Hills Special Services Activities Brochure</i> or call 248.473.1800. You may also call Fitness Motivators directly at 248.987.6930 or email Debbie (Team Contact) at lim761@gmail.com</p>
---	--	--

CLASS REGISTRATION FORM

Resident (R) Non-Resident (NR)

Last Name: _____ First Name: _____ E-mail: _____

Address: _____ City: _____ Zip: _____

Home Phone: (____) _____ Work Phone: (____) _____ Emergency Phone: (____) _____

Please write your name at the session that you are registering for below:	Class #	Activity Name	Class Fee	TOTAL DUE:

Visa Master Card Expiration Date: Mo _____ Year _____ Card Number: _____

AUTHORIZATION Code (CVC/CVV Code on your credit card): _____

Authorized Signature : _____

By accepting my registration in the above programs, I hereby understand that I release my rights or claims for damages that I may have against the City of Farmington Hills and Fitness Motivators Instructors through which this program is conducted or its Fitness Motivators Instructors or City staff. I will also adhere to the refund policy. For more information, call 248-473-1800 Monday through Friday, from 8:30 am to 4:30 pm. FAX: 248-473-1801

Date: _____ Participants Signature: _____ (Guardian signature for minors)

Make checks payable to: Farmington Hills Special Services
 Farmington Hills Special Services | 28600 Eleven Mile Road, Farmington Hills, MI 48336.

CHECK OR MONEY ORDER MUST EQUAL EXACT AMOUNT OF THIS REGISTRATION.